

BUTTERNUT SQUASH SEED OIL

Nutrition Facts

Serving Size 1 tbsp (15g)

Servings Per Container 12

Amount Per Serving

Calories 130 **Calories from Fat 130**

% Daily Value*

Total Fat 15g **23%**

Saturated Fat 3g **16%**

Trans Fat 0g

Polyunsaturated Fat 9g

Monounsaturated Fat 2.5g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 0g

Vitamin A 2% • Vitamin C 0%

Iron 0% • Vitamin E 40%

* Percent Daily Values are based on a
2,000 calorie diet.

Ingredient:

100% butternut squash
seed oil



187 mL